

Figure 14.1 Percentage of Children Who Had Been Exposed to Cigarette Smoke Inside the Home, Utah Children Age 17 and Under, 2001 and 2003

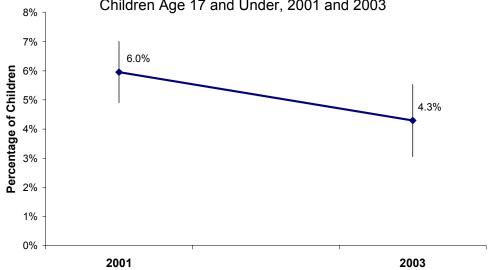
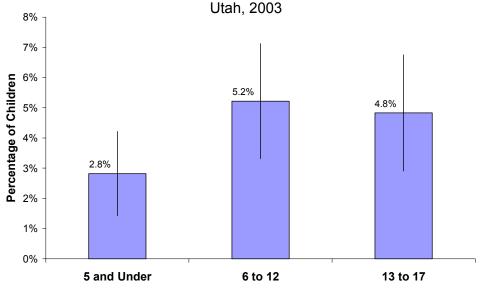


Figure 14.2 Percentage of Children Who Had Been Exposed to Cigarette Smoke Inside the Home by Age,



- There was a decrease in the percentage of children 17 and under who were exposed to cigarette smoke in the home between 2001 and 2003.
- Children aged 6 to 12 were the most likely to be exposed to cigarette smoke in the home, followed by those 13 to 17.



Table 14. Exposure to Cigarette Smoke: Percentage of Children Who Had Been Exposed to Cigarette Smoke Inside the Home Utah Children Age 17 or Less, 2003.

	Utah Po Distrit	•	Survey Estimates of Children Who Had Been Exposed to Cigarette Smoke Inside the Home			
			Percentage of		Percentage Distribution	
			Children Who Had		of Children Who Had Been	
	Percentage	Number of	Been Exposed to	Number of	Exposed to Cigarette	
Demographic Subgroup	Distribution	Children ¹	Cigarette Smoke ²	Children ^{3,4}	Smoke by Category ⁴	
2003 Utah Population, Age 17 and Under	100.0%	742,867	4.3% <u>+</u> 1.2%	31,900	100.0%	
Age Group						
5 and Under	37.2%	276,019	2.8% <u>+</u> 1.4%	7,800	24.8%	
6 to 12	36.9%	273,899	5.2% <u>+</u> 1.9%	14,300	45.5%	
13 to 17	26.0%	192,949	4.8% <u>+</u> 1.9%	9,300	29.6%	
Total, All Utahns Age 17 and Under	100.0%	742,867	4.3% ± 1.2%	31,900	100.0%	
Local Health District ⁵						
Bear River	6.2%	46,331	2.7% <u>+</u> 2.6%	1,300	4.1%	
Central	3.0%	22,482	7.4% <u>+</u> 6.0%	1,700	5.3%	
Davis	11.3%	84,172	2.8% + 3.2%	2,400	7.5%	
Salt Lake	37.8%	280,441	5.8% <u>+</u> 2.6%	16,100	50.6%	
Southeastern	2.2%	16,456	5.0% <u>+</u> 3.9%	800	2.5%	
Southwest	6.4%	47,210	3.0% + 3.1%	1,400	4.4%	
Summit	1.2%	9,015	*** + ***	***	***	
Tooele	2.1%	15,702	7.7% <u>+</u> 5.0%	1,200	3.8%	
TriCounty	1.9%	13,866	9.5% + 6.5%	1,300	4.1%	
Utah County	18.6%	137,986	*** + ***	***	***	
Wasatch	0.7%	5,469	7.6% <u>+</u> 6.3%	400	1.3%	
Weber-Morgan	8.6%	63,737	5.3% <u>+</u> 4.9%	3,400	10.7%	
Total, All Utahns Age 17 and Under	100.0%	742,867	4.3% ± 1.2%	31,900	100.0%	
Annual Household Income						
Under \$20,000	8.4%	62,400	9.5% <u>+</u> 5.8%	5,900	17.9%	
\$20,000 to <\$45,000	29.6%	219,800	6.3% <u>+</u> 2.8%	13,900	42.1%	
\$45,000 to <\$65,000	24.7%	183,300	4.9% <u>+</u> 3.1%	9,000	27.3%	
\$65,000 and Over	37.3%	277,400	1.5% <u>+</u> 1.2%	4,200	12.7%	
Total, All Utahns Age 17 and Under	100.0%	742,900	4.3% <u>+</u> 1.2%	31,900	100.0%	
Health Insurance Coverage						
Insured	92.7%	688,400	4.1% <u>+</u> 1.3%	28,200	89.0%	
Uninsured	7.3%	54,500	6.5% <u>+</u> 5.2%	3,500	11.0%	
Total, All Utahns Age 17 and Under	100.0%	742,900	4.3% <u>+</u> 1.2%	31,900	100.0%	

¹ Population estimates of sex, age groups, and LHD based on 2003 Baseline Projections, Governor's Office of Planning and Budget, UPED Model System; all others based on the 2003 UHSS and rounded to the nearest 100 persons.

² Plus or minus 95% confidence interval.

³ Rounded to the nearest 100 persons.

⁴ Figures in these columns may not sum to the total because of missing values on the grouping variables.

⁵ These rates have not been age-adjusted. Age-adjusted rates are available upon request.

^{***} Insufficient sample size for calculation of population estimates.

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Figure 15.1 Percentage of Adults Who Were Obese, Utah Adults Age 18 and Over, 1991, 1996, 2001, and 2003

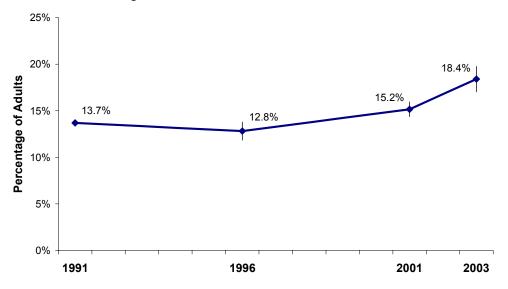
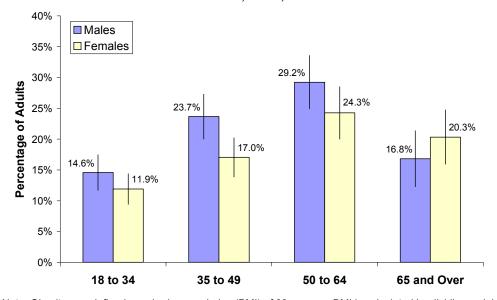


Figure 15.2 Percentage of Adults Who Were Obese by Age and Sex, Utah, 2003



Note: Obesity was defined as a body mass index (BMI) of 30 or more. BMI is calculated by dividing weight in kilograms by the square of height in meters. For example, a person who is 5'8" is considered obese if he or she weighs 197.5 or more pounds.

- Nearly one in five of all adult Utahns were obese in 2003, almost 300,000 persons.
- Those aged 50 to 64 were most likely to be obese regardless of sex. One third of males and one quarter of females aged 50 to 64 were obese.



Table 15. Obesity: Percentage of Adults Who Were Obese by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2003.

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	Utah Population Distribution		Survey Estimates of Adults Who Were Obese			
			Percentage of Percentage Distribution			
	Percentage	Number of	Adults Who Were	Number of	of Adults Who Were	
Demographic Subgroup	Distribution	Adults ¹	Obese ²	Adults ^{3,4}	Obese by Subgroup ⁴	
2003 Utah Population, Adults 18+	100.0%	1,611,908	18.4% <u>+</u> 1.4%	296,500	100.0%	
Sex						
Male	49.6%	799,634	20.0% <u>+</u> 1.9%	160,100	54.2%	
Female	50.4%	812,274	16.7% + <i>1.8</i> %	135,400	45.8%	
Total, All Utahns Age 18+	100.0%	1,611,908	18.4% <u>+</u> 1.4%	296,500	100.0%	
Age Group						
18 to 34	42.5%	685,764	13.3% <u>+</u> 1.9%	91,200	30.9%	
35 to 49	27.4%	442,006	20.5% <u>+</u> 2.5%	90,700	30.7%	
50 to 64	17.7%	285,779	26.8% <u>+</u> 3.2%	76,500	25.9%	
65 and Over	12.3%	198,359	18.7% <u>+</u> 3.2%	37,000	12.5%	
Total, All Utahns Age 18+	100.0%	1,611,908	18.4% <u>+</u> 1.4%	296,500	100.0%	
Sex and Age						
Males, 18 to 34	21.5%	347,144	14.6% <u>+</u> 2.9%	50,600	17.2%	
Males, 35 to 49	13.9%	223,919	23.7% <u>+</u> 3.6%	53,000	18.0%	
Males 50 to 64	8.8%	141,427	29.2% <u>+</u> 4.3%	41,300	14.0%	
Males, 65 and Over	5.4%	87,144	16.8% <u>+</u> 4.5%	14,700	5.0%	
Females, 18 to 34	21.0%	338,620	11.9% <u>+</u> 2.5%	40,300	13.7%	
Females, 35 to 49	13.5%	218,087	17.0% <u>+</u> 3.2%	37,200	12.6%	
Females 50 to 64	9.0%	144,352	24.3% <u>+</u> 4.3%	35,000	11.9%	
Females, 65 and Over	6.9%	111,215	20.3% <u>+</u> 4.4%	22,600	7.7%	
Total, All Utahns Age 18+	100.0%	1,611,908	18.4% <u>+</u> 1.4%	296,500	100.0%	
Local Health District ⁵						
Bear River	6.0%	97,262	16.5% <u>+</u> 4.0%	16,100	5.4%	
Central	2.9%	46,658	20.7% <u>+</u> 4.7%	9,600	3.2%	
Davis	10.4%	168,349	19.2% <u>+</u> 4.5%	32,400	10.9%	
Salt Lake	40.4%	651,924	19.6% <u>+</u> 2.6%	127,700	43.1%	
Southeastern	2.3%	37,219	17.8% <u>+</u> 4.2%	6,600	2.2%	
Southwest	6.6%	106,942	17.9% <u>+</u> 4.5%	19,100	6.5%	
Summit	1.5%	23,816	9.0% <u>+</u> 3.1%	2,100	0.7%	
Tooele	1.9%	31,113	24.6% <u>+</u> 4.5%	7,600	2.6%	
TriCounty	1.8%	28,375	21.8% <u>+</u> 4.6%	6,200	2.1%	
Utah County	16.3%	262,684	16.4% <u>+</u> 2.9%	43,100	14.6%	
Wasatch	0.7%	11,710	15.1% <u>+</u> 3.7%	1,800	0.6%	
Weber-Morgan	9.0%	145,856	16.3% <u>+</u> 4.0%	23,800	8.0%	
Total, All Utahns Age 18+	100.0%	1,611,908	18.4% <u>+</u> 1.4%	296,500	100.1%	
Annual Household Income						
Under \$20,000	10.6%	170,600	21.0% <u>+</u> 4.5%	35,800	12.0%	
\$20,000 to <\$45,000	31.2%	502,500	20.4% <u>+</u> 2.7%	102,500	34.2%	
\$45,000 to <\$65,000	22.8%	368,200	20.0% <u>+</u> 3.0%	73,500	24.5%	
\$65,000 and Over	35.4%	570,600	15.4% <u>+</u> 2.2%	87,600	29.3%	
Total, All Utahns Age 18+	100.0%	1,611,900	18.4% <u>+</u> 1.4%	296,500	100.0%	
Health Insurance Coverage						
Insured	90.0%	1,451,200	18.3% <u>+</u> 1.4%	266,200	89.0%	
Uninsured	10.0%	160,700	20.5% <u>+</u> 4.5%	33,000	11.0%	
Total, All Utahns Age 18+	100.0%	1,611,900	18.4% <u>+</u> 1.4%	296,500	100.0%	

¹ Population estimates of sex, age groups, and LHD based on 2003 Baseline Projections, Governor's Office of Planning and Budget, UPED Model System; all others based on the 2003 UHSS and rounded to the nearest 100 persons.

Note: Obesity was defined as a body mass index (BMI) of 30 or more. BMI is calculated by dividing weight in kilograms by the square of height in meters. For example, a person who is 5'8" is considered obese if he or she weighs 197.5 or more pounds.

² Plus or minus 95% confidence interval.

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⁵ These rates have not been age-adjusted. Age-adjusted rates are available upon request.